



Saturday, March 16
Shotgun Start at 9am

Held at the
Winds Resort Beach Club
5K Begins & Ends at 310 E.1st St., OIB

Registration Fees:

Couch to 5K Participants: \$15 until February 23

Early Bird: \$20 until February 23

On Line Registration ends March 13

On Site Registration at 8 am: \$25

***T-shirts guaranteed to those registered by February 23, 2013**

5K Information & Registration Available at:
www.brunswickcountync.gov

Race Proceeds will provide financial aid to low-income youth & adults
for Brunswick County Parks and Recreation Programs.

Family Event!

Walkers may bring their canine companions!

